



*The Sails Wear Out After Three Seasons  
The Lessons Last a Lifetime.*

## **PLEON'S MISSION**

*Pleon is a unique club which emphasizes junior sailing. Since the Club's beginning in 1887, Pleon's flag officers and members have been youngsters under the age of 21.*

*The purpose of the Pleon Sailing Program is to involve as many young people as possible in the sport of sailing in a fun, educational atmosphere.*

*The program supports both serious competitors and recreational sailors of all skill levels, and is focused on building sailing skills while also promoting sportsmanship, fostering teamwork and strengthening respect for oneself and others.*

*Pleon owns a fleet of club boats which are available for the club's members to use including: 20 International Optimist Dinghies; 5 Lasers, including Full, Radial and 4.7 rigs; 6 O'Pen Bic Dinghies; 3 Ynglings; and 14 Club 420's, most with spinnakers and trapezes, and others with modified rigs for novice sailors.*

## **PLEON YACHT CLUB AND THE 2011 SAILING PROGRAM**

The 2011 Pleon Sailing Program will begin Wednesday, June 22<sup>th</sup> and end Wednesday, August 17<sup>th</sup>. The primary emphasis of the program is learning through experience on the water. Pleon also provides members with a variety of additional summertime activities. Social events include cookouts, movie nights, dances, Great Day, the Commodore's Ball and Awards Night. Elections for flag officers are held in August for the following summer. Pleon often hosts regattas including regional, national and international class championships. Commodore Kyle Heffrin will be on hand each day during the summer to answer any questions that you may have regarding club and social activities.

## **TRY OUT PLEON!**

Pleon would like to encourage members of our community to try out Pleon! This year we will be offering a number of programs for those who would like to experience Pleon without making a season-long commitment. Intro to Pleon is a two-week program for the youngest sailors. Many of our other classes now offer two four-week sessions for older sailors. Sailors signing up for any of these programs, or as social members, will be members of Pleon for the full season and are invited to participate in social activities of the club throughout the summer. Please see more detailed course descriptions on the following pages.

## **CLASSES OFFERED AS HALF SESSIONS**

The Beginner, Intermediate, Laser 1, Intro to 420, and Adventure Sail 1 and 2 classes are all offered as half sessions. Sailors may elect to take one or both sessions, or to take a combination of classes. Sailors signing up for the first session of a class who subsequently wish to extend to a whole season may do so as space permits. All sailors are encouraged to participate in Marblehead Junior Race Week and in club activities throughout the season.

Session 1 starts on June 22 and ends on July 15.

Session 2 starts on July 18 and ends on August 17.

## **WEDNESDAY AFTERNOON RACING & COOKOUTS**

Races are held every Wednesday afternoon starting at 1:00PM and are open to all members. Weather permitting, there will be a cookout following racing.

## **2011 PLEON CLASS OFFERINGS**

**LEARN TO SAIL PROGRAMS:** Sailors will generally complete the Learn to Sail programs through Optimist 1 before moving to a racing program in Optimists, Lasers or 420's, or Adventure Sail.

**INTRO TO PLEON:** Sailors 8 years or older who have completed 2<sup>nd</sup> grade are invited to try out Pleon for the last two weeks of the season. This program will introduce sailors to Pleon, and is intended to allow them to feel comfortable in Pleon's environment, and to build confidence on the water. As time permits, topics will include boat rigging, water safety and basic sailing, with two children sailing together in an Optimist dinghy.

Classes meet Monday, Wednesday and Friday from 9:00 AM – 11:30 PM and run from August 1 – 12.

*Fee: \$300.*

**BEGINNER:** The Beginner class is for sailors who have little or no prior single-handed boating experience, including those who have taken Intro to Pleon last season. This class is designed for sailors who are at least 9 years old or have completed 3<sup>rd</sup> Grade. Knowledge of boat rigging, basic sailing, water safety and confidence in handling all points of sail are emphasized. The Beginner class will be taught in the single-handed Optimist, and in modified 420's.

Classes meet Monday, Tuesday, Thursday and Friday from 9:00AM – 12:00PM.

*Fee: \$1,100 (Full season); \$800 (Half season)*

**INTERMEDIATE:** Pleon's Intermediate class is for sailors who have successfully completed the Beginner class or equivalent. The curriculum is an extension of the Beginner class, with emphasis on independence in rigging, skippering and boat maintenance. Sailors who are interested in racing may choose to take part in Optimist Green Fleet at Marblehead Junior Race Week. Classes will be taught in Optimists and in modified 420's.

Classes meet Monday from 1:00PM – 4:00PM, and Tuesday, Wednesday and Thursday from 9:00AM – 12:00PM.

*Fee: \$1,100 (Full season); \$800 (Half season)*

**OPTIMIST 1:** Pleon's Optimist 1 class is for students who have successfully completed the Intermediate class or equivalent. Students will continue to improve their sailing skills while they learn basic racing skills through drills and actual racing. Racing rules, tactics, boating safety and fun are emphasized. Optimists will be used. Sailors may race in Marblehead Junior Race Week and other local green fleet regattas. Private boat ownership is encouraged.

Classes meet Tuesday through Friday from 1:00PM – 4:30PM, with racing on Wednesdays. (Boats rigged and ready to sail by 1:00PM).

*Fee: \$1,200*

**OPTIMIST RACING PROGRAMS:** These classes are for older sailors who have completed Optimist 1 and want to focus on more advanced techniques in the Optimist. These classes have a focus on racing, and will attend regattas together.

**OPTIMIST 2:** This class is for Optimist sailors who have previously raced in Green Fleet and are ready for the Championship line. The curriculum is geared toward improving racing tactics and knowledge of racing rules. All racers in this class will compete in local regattas, such as Marblehead Junior Race Week and the Junior Olympics. Private boat ownership is encouraged. Parents will be expected to attend periodic parent meetings, and share in responsibility for providing transportation and on-site regatta assistance during the season.

Classes meet Monday through Friday from 1:00PM – 4:30PM, with racing on Wednesdays. (Boats rigged and ready to sail by 1:00PM.)

*Fee: \$1,350*

**OPTIMIST RACE TEAM:** The Opti Race Team is for sailors based upon the recommendation of last year's sailing staff. This class is for experienced and eager Optimist racers who own an Optimist and have previously sailed on the Championship line. Racing tactics, rules and correct sail trim are stressed. These sailors will travel as a team and compete at selected local, regional and national regattas. Parents will be expected to attend periodic parent meetings and share responsibility for providing transportation and on-site regatta assistance during the season.

Classes meet Tuesday, Thursday and Friday afternoons from 1:00PM – 5:00PM (boats rigged and ready to sail by 1:00PM); and on Wednesday from 9:00 AM – 5:00 PM, with racing on Wednesday afternoons.

*Fee: \$1,550*

**420 RACING PROGRAMS:** These classes are for older sailors who have a solid understand of sailing and want to learn to race or improve their racing skills in the 420.

**INTRO TO 420:** This class is for sailors at least 13 years old, who have a solid understanding of sailing and want to learn to sail the double-handed Club 420. Sailors should have completed Opti Racing, Adventure Sailing, or an equivalent class. Sailors will learn more advanced boat handling maneuvers and basic racing skills. All sailors are encouraged to participate in Marblehead Junior Race Week. Private boat ownership is not required.

Classes meet Monday, Tuesday, Thursday and Friday from 9:00AM – 12:00PM.

*Fee: \$1,200 (Full Season); \$850 (Half Season)*

**420 RACE TEAM:** This class is intended for the most experienced racers. Enrollment is based upon the recommendation of last year's sailing staff. The 420 team will be divided into groups according to ability. The groups will work to fine tune their boat handling and racing skills. All sailors are expected to sail in local regattas, such as Marblehead Junior Race Week and the Junior Olympics. The primary emphasis for top sailors will be regatta travel. The curriculum includes sail trim for speed, regatta preparation, boat maintenance, racing rules and tactics. These sailors will travel as a team and compete at selected local, regional and national regattas. Parents will be expected to attend periodic parent meetings and share responsibility for providing transportation and on-site regatta assistance during the season. Private boat ownership is encouraged.

Race Teams A & B meet Tuesday, Thursday and Friday from 1:00 PM – 5:00PM. Race Team C meets Tuesday, Thursday and Friday from 9:00 AM– 12:00 PM. All teams meet Wednesday from 9:00AM – 5:00PM, with racing on Wednesday afternoons.

*Fee: \$1,550*

**LASERS:** These classes are for sailors 12 or older who have successfully completed at least Optimist 1, have a solid understand of sailing and want to learn to race or improve their racing skills in the Laser 4.7, Radial or Full Rig. Private boat ownership is strongly encouraged. Laser sailors will be divided into three classes: Laser 1, Laser 2 and Laser Race Team. Smaller sailors should plan to start in the 4.7 rig.

**LASER 1:** This class is for those transitioning to the Laser, and will be sailed in the Radials and smaller 4.7 rigs. Sailors in this class will learn basic racing skills, as well as more advanced boat handling maneuvers. All sailors are encouraged to participate in Marblehead Junior Race Week.

Classes meet Monday, Tuesday, Thursday and Friday from 9:00AM – 12:00PM.  
*Fee: \$1,200 (Full Season); \$850 (Half Season)*

**LASER 2:** This class is for those who have experience sailing the Laser, and will be sailed in Laser Radials and Full Rigs. Sailors in this class will work to fine tune their boat handling and racing skills, and will sail in local regattas such as Marblehead Junior Race Week and the Junior Olympics, with parental support.

Classes meet Monday through Friday from 1:00PM – 4:30PM, with racing on Wednesdays (Boats rigged and ready to sail by 1:00PM).  
*Fee: \$1,350*

**LASER RACE TEAM:** Enrollment is based upon the recommendation of last year's sailing staff. The primary emphasis for this team will be regatta travel. The curriculum includes sail trim for speed, regatta preparation, boat maintenance, racing rules and tactics. These sailors will travel as a team and compete at selected local, regional and national regattas. Parents will be expected to attend periodic parent meetings and share responsibility for providing transportation and on-site regatta assistance during the season.

Classes meet Tuesday, Thursday and Friday from 1:00PM – 5:00PM, and Wednesday from 9:00AM – 5:00PM, with racing on Wednesday afternoons. (Boats rigged and ready to sail by 1:00PM.)  
*Fee: \$1,550*

**ADVENTURE PROGRAMS:** These programs are for sailors who have completed the Optimist 1 class or equivalent, and will allow sailors to broaden their sailing skills through a structured exploration of different boats and types of sailing. Instruction is in a variety of boats, including 420's, Ynglings, Picos, BIC's and keelboats as available. Sailors may take part in Wednesday afternoon racing, and local or regional regattas if they are interested and subject to availability of boats. Many sailors ultimately move from Adventure Sail to 420 Racing programs.

**ADVENTURE 1:** This class is for sailors who have finished 5<sup>th</sup> or 6<sup>th</sup> grade. This class is an extension of Optimist 1 and is intended to teach sailors to be comfortable, safe, and confident on the water, both skippering and crewing. New for 2011, these younger sailors will experience week-long rotations in a variety of boats during each session in order to be exposed to several different aspects of sailing. Emphasis is placed on sailing terminology, teamwork in a boat, boat-handling, the basic racecourse and rules of the road.

Classes meet Monday, Wednesday and Friday from 9:00AM – 12:00PM, and Thursday from 1:00PM – 4:30PM.  
*Fee: \$1,200 (Full Season); \$850 (Half Season)*

**ADVENTURE 2:** This class is designed for sailors who have finished 7<sup>th</sup> or 8<sup>th</sup> grade and have successfully completed the Intro to Adventure class, or equivalent. This class is for adventurous, experienced junior sailors who are looking for a different challenge. New for 2011, these older sailors will experience week-long rotations in a variety of boats during each session in order to further develop their skills in each type of boat. Emphasis is placed on more advanced boat handling maneuvers and seamanship, cruising/racing skills such as navigation and wind/weather, and an introduction to team racing. This class may culminate in a distance race/cruise, pending availability of boats.

Classes meet Monday, Tuesday, Wednesday and Friday from 1:00PM – 4:30PM.  
*Fee: \$1,200 (Full Season); \$850 (Half Season)*

## **REGISTRATION**

**The sailing program is open to children who are at least 9 years old or who have completed 3<sup>rd</sup> grade. This year registration will be on-line only. All registration forms must be submitted through our website, [www.pleon.org](http://www.pleon.org) by March 11, 2011.**

Class sizes are limited. Returning sailors who were enrolled in the 2010 Pleon program will be given priority for class placement if the application is submitted by the March 11<sup>th</sup> deadline. Applications for new sailors submitted by March 11<sup>th</sup> will be considered by age. Applications submitted after March 11<sup>th</sup> will be considered based on space available.

Registration will be available beginning February 28<sup>th</sup> on Pleon's website: [www.pleon.org](http://www.pleon.org). You will need to provide registration information including a medical form and contact information.

Requests to move to another class will be considered in the order received, based on eligibility, capacity and instructor recommendations. Please contact Katie Bloxham (contact information below).

If you have questions about the program or your child's class placement, please feel free to contact:

Katie Bloxham:	781-631-8689 ( <a href="mailto:katie.bloxham@me.com">katie.bloxham@me.com</a> )
Blakeslee Detels:	781-631-6523 (bhdetels17@gmail.com)
Molly Bushman:	781-639-8107 (tmbushman@comcast.net)

**FINANCIAL AID:** A limited amount of financial aid is available for program fees only. Aid will be limited to families who can demonstrate financial need. Please send a written request and explanation of need to Chris LaChance, Pleon Junior Sailing Program, PO Box 160, Marblehead MA 01945. The deadline for requests is March 11, 2011.

## **REFUNDS AND DISCOUNTS**

Fees will not be prorated for partial attendance, or for cancellations after March 11, 2011. Pleon does not offer a discount for families with multiple children in the program, and cannot accommodate requests for refunds.

## **IMPORTANT DATES**

Instructional classes will begin Wednesday, June 22<sup>th</sup> and end Wednesday, August 17<sup>th</sup>. Classes will not be held on July 4, or July 25-29 due to Marblehead Junior Race Week and the Marblehead NOOD Regatta.

A **mandatory** parent information meeting will be held at Pleon on Tuesday, June 21<sup>st</sup> at 1830. A Parent/Student handbook including class objectives, a summer calendar, regatta schedules and program events will be available at that time.

## **SAFETY**

**SWIM TEST:** On the first day of class, all sailors will be required to take a swim test in the harbor. All participants in the program will swim in a swimsuit for 50 yards and tread water for one minute. Remember to bring a towel and warm clothes to the first class.

**LIFE JACKETS:** Safety is of primary importance! Every child, regardless of age or class, is required to own and wear a Coast Guard-approved life vest at all times when on the dock and water. This rule also applies to free sailing at Pleon and to participants at away events.

**CONDUCT AND DISCIPLINE:** Proper conduct is simple common sense. There should be no rough play on the dock or on Pleon grounds. Jumping off piers is absolutely forbidden. Respect for fellow members and boats is essential. When juniors are sailing at away events, they are representing Pleon, and poor sportsmanship will not be tolerated. Sailors and their families will be held accountable for lost or damaged equipment if it is deemed by staff to be reasonably preventable given the sailor's ability level. If discipline is necessary, the Director reserves the right to require a student to leave the program for a certain period of time. The student's parents will be notified immediately. Please refer to the Parent Agreement.

**INSTRUCTIONAL STAFF:** Our high caliber staff is chosen from all over the globe. They have impressive resumes from the collegiate ranks and beyond. Each instructor is US Sailing certified (or equivalent) and trained in CPR.

## ***INSTRUCTOR HOUSING***

Would you or someone you know be willing to house an instructor for the summer? A stipend is provided. If interested, please call Kim George at 781-631-1422 (kgeorge@sleepmed.md).

## ***COMMUNICATION***

During the program, a weekly newsletter will be distributed via email. Please make sure we have your current email address on file in order to stay informed about upcoming events. Pleon also maintains a website: [www.pleon.org](http://www.pleon.org). Please visit the site for information throughout the summer, and to sign up to receive email updates.

## ***PRIVATE BOATS and CLUB BOATS***

Private boat ownership is strongly encouraged, particularly for race team members. A discount is available to those bringing their own boat to class. Please note that this discount is pro-rated for sailors registered for half-season programs.

Registration in certain classes may be limited by the number of club boats available for use. Priority will be given to returning sailors who register by March 11, to those registering by March 11 for the full season, and thereafter in the order the application is received. Once all club boats have been assigned, space in the class may be available only for those who have their own boat.

Arrangements can be made to use a club boat for a regatta, subject to availability. A check-in and check-out fee will be charged. Contact the Program Director at the beginning of the season to make arrangements. Lasers are typically in high demand and may not be available to take to regattas if they are needed for classes.

## ***LOCKERS***

Locker assignments will be made in June by the Commodore.

## ***REGATTA PARTICIPATION***

**PARENTAL SUPPORT:** Parental support is essential for all sailors participating in regattas. Responsibilities include registering for regattas, chaperoning at away events, providing transport for children, dinghies and coach boats, loading and unloading boats, supplying snacks and drinks, and providing accommodation for coaches while traveling. There will be a mandatory Parent's Meeting for each Race Team early in the season, at which time the regatta schedule and parental coverage will be discussed. If you have questions, please contact a member of the program committee.

## ***LINKS FOR CLASS AND REGATTA INFORMATION***

[USSailing.org](http://USSailing.org)

[USODA.org](http://USODA.org)

[laser.org](http://laser.org)

[club420.org](http://club420.org)